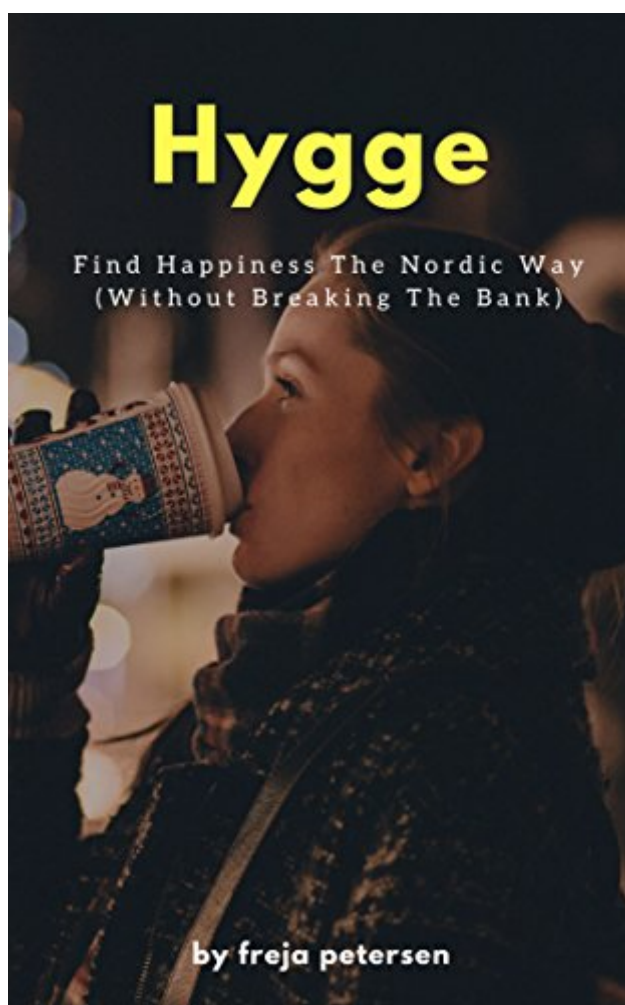


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# Hygge: Find Happiness The Nordic Way (Without Breaking The Bank) (Hygge Life Book 3)



## Synopsis

What is the key to living happy? The Danish call it 'Hygge', and it makes them the happiest people on this planet. Their secret? A lifestyle of cosy and minimalistic living. The Hygge Life Just the word 'hygge' alone gives you a warm, fuzzy feeling inside. A warm and hot beverage, good friends, a fireplace, and lots of great memories to share. Many people believe that moving towards a Hygge lifestyle is expensive and requires a lot of investments. They couldn't be further from the truth. Hygge means to put coziness before style. Transforming your house interior into a place where you feel truly happy. All of this can be done on a budget, no need to break the bank to get Hygge! What can I expect to read in this book? How to counteract the commercialisation of the popular trend that is 'Hygge' Exactly how to transform your home into a place of coziness, on a budget How to shape experiences and relationships efficiently Minimalistic purchases for friends and family - make presents fun again! Avoiding costly mistakes in your lifestyle improvements Dozens of tips & recommendations to improve your life on a budget And much, much more! Hygge & Happiness Hygge surpasses all gloom and doom, whittles away the seasonal sadness that can accompany the blanket of cold that envelops not only our countryside and landscapes, but also our hearts. For some, dreary months seem to become endless and some weather even feeling relentless. Some may even put off going out at all and hermit away the winter months. What a waste of life. With hygge there is much life to have in any season and in any month, and all of it can be done without breaking the bank! Go learn about hygge, I will promise you it will make your life better! Start reading immediately by clicking the BUY button at the top of this page, and enjoy reading immediately. Want to start reading for free? Read this book with a Kindle Unlimited Account and pay \$0,00. Hav det godt!

## Book Information

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## Customer Reviews

Grew up in Iowa, Wisconsin and Minnesota and although our winters are not as bad as what the Danes go through we sure spent a lot of time inside with friends and family. Cozy little areas for reading, playing board games, putting together puzzles, working on horse tack, quilting, knitting, crochet or needle work. Warm food and drinks, laughter and stories. And we too spent time outside sledding, skating and ice fishing.

This is a good book on Hygge. All of the things, tips and guides that I need to know about how to find happiness the Nordic way are already included and well written inside. Freja Petersen has done a good job in compiling and creating this book. I like how the book is written in a very positive way. This book is helpful for those who want to learn more about Hygge.

Well I did laugh. I already live that life style. Keep it simple and enjoy the journey. Perhaps I would have enjoyed it much more if I was not already living such a simple life. I do live simple and I find my life full.

Loved this book it was full of tips of how not to spend money and create an area with a hygge lifestyle. I plan on using this book to take a deeper look and find more ways I can bring hygge into my life. I would recommend this book to anyone wanting to bring more hygge into their life.

Too simplistic. Not very informative. Disappointing.

the top quality Very pretty effect. Special design, perfect quality, nice appearance. I couldn't deny such a good product. I don't know what the words to evaluate the product, everything is so

perfect. Just worth every penny, buy it! You I am very pleased and would definitely recommend this product!

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